

# 100% Grass-Fed Beef

560 River Road, Lyme, New Hampshire 03768

Phone: 603-353-9025 or 802-249-6107

Beef Cuts Available	Price/Pound
<u>Ground Beef</u>	<u>\$5.50</u>
<u>Stew Beef</u>	<u>\$5.50</u>
<u>Short Ribs</u>	<u>\$5.50</u>
<u>Chuck Roast</u>	<u>\$5.50</u>
<u>Bottom Round Roast</u>	<u>\$6.00</u>
<u>Top Round Roast</u>	<u>\$6.00</u>
<u>Sirloin Tip Roast</u>	<u>\$6.00</u>
<u>Eye of the Round Roast</u>	<u>\$7.00</u>
<u>Rib Roast-Bone-in</u>	<u>\$10.00</u>
<u>Tenderloin Roast</u>	<u>\$15.00</u>
<u>Chuck Steak</u>	<u>\$5.50</u>
<u>London Broil Steak</u>	<u>\$6.00</u>
<u>Round Steak</u>	<u>\$6.00</u>
<u>Sirloin Tip Steak</u>	<u>\$7.00</u>
<u>Flank Steak</u>	<u>\$6.00</u>
<u>Skirt Steak</u>	<u>\$6.00</u>
<u>Sirloin Steak</u>	<u>\$7.00</u>
<u>Rib Steak</u>	<u>\$10.00</u>
<u>T-bone Steak</u>	<u>\$10.00</u>
<u>Porterhouse Steak</u>	<u>\$10.00</u>
<u>N.Y. Strip Steak</u>	<u>\$10.00</u>
<u>Tenderloin Steak</u>	<u>\$15.00</u>
<u>Tongue</u>	<u>\$2.00</u>
<u>Heart</u>	<u>\$2.00</u>
<u>Liver</u>	<u>\$2.00</u>
<u>Dog Bones</u>	<u>\$2.00</u>
<u>Ox Tail</u>	<u>\$2.00</u>